

FROM THE CORRIDORS OF

MONTGOMERY GURU NANAK PUBLIC SCHOOL, KAPURTHALA

(Affiliated to CBSE, Affiliation No. 1630138) • contact@mgnkapurthala.org





Blessings from the

'The goal of education is the advancement of knowledge and dissemination of truth' John .F. Kennedy

As we navigate through an era of rapid technological advancement, it gives me immense pleasure to share that MGN Public Schools are committed to staying at the forefront of this transformation ensuring that Montgomerians are equipped with the skills and knowledge necessary to thrive in a digital world. The integration of technology into curriculum is not just keeping pace with change but about harnessing the power of innovation to enhance learning experience. It is important to remember that technology is a tool- a powerful one, but only as effective as the hands that use it. So focus should remain on ensuring that students not only learn how to use technology but also understand its

ethical implication fostering a sense of responsibility as digital citizens. Our teachers are also empowered to use technology to help them revolutionize education & transform classrooms into dynamic & interactive learning environment. They are adaptable and dedicated to incorporate these new tools into teaching methods to preparing the students for the challenges and opportunities of tomorrow. I am deeply delighted when I see children ready to embrace these technological advancements with curiosity and a desire to learn new skills in a positive way.

BEST WISHES!

Major (Retd.) Charanjit Singh Rai Chairman, M.G.N Educational Trust



Message by
Vice-Chairman

"Education is the most powerful weapon which you can use to change the world and the first step to changing the world is to care for the planet that we inhabit"

It has been successively recognized since last few decades that education for sustainability should be provided to the present young generation to foster responsible citizenship and sense of stewardship for the planet. Undoubtedly MGN Public schools have always endeavoured to provide education with a holistic approach, not simply a growth of intellect but of emotions as well. Sensitivity to the needs of others and unalloyed love for the world around is nurtured here. The shaping of such children is not for a day or two but an ongoing process that leads to the resilient & responsible citizens who care for the environment & are engaged in socially productive

work. I am thrilled to see our young students taking lead in caring for our planet through small actions.

It is commendable that the MGNPS Kapurthala is bringing out its next issue of Half Yearly Newsletter to highlight the inimitable achievements and astounding accomplishments of the school. I would like to take this opportunity to acknowledge the hard work and dedication of our students, teachers & supporting staff.

I wish you all a successful and fulfilling future ahead!

Col. (Retd.) Daljit Singh Anand Vice Chairman, M.G.N. Educational Trust



Wessage by Secretary

"All birds find shelter during rain but Eagle avoids rain by flying above the clouds. Problems are common but attitude makes the difference..!! " - Dr. APJ Abdul Kalam

Education is far more than the transmission of knowledge; it is the cultivation of values, ethics and character that defines a person's true worth. MGN Public Schools have always been dedicated to foster an environment where intellectual growth is balanced with the development of moral integrity and a deep sense of responsibility. The goal is to shape individuals who are not only academically proficient but also equipped with the values needed to lead meaningful lives and contribute positively to society.

As the Half Yearly Newsletter of MGN Public School, Kapurthala, is about to be unveiled, it is a moment to reflect on and celebrate the remarkable

achievements that show the school's unwavering commitment to holistic education. It is heartening to see that the students of MGNPS Kapurthala are excelling in the field of Sports. Through Sports, the students develop essential skills like team work, leadership & personal development. As the world faces increasing health challenges, the role of sports in fostering physical fitness & mental resilience can not be denied. I wish all the young champions a great success in their future endeavours.

Blessings!

S. Mukhtar Singh Dahiya Secretary, M.G.N. Educational Trust



"We are responsible for what we are and whatever we wish ourselves to be, we have the power to make ourselves. If what we are now has been the result of our own past actions, it certainly follows that whatever we wish to be in future can be produced by our present actions." - Swami Vivekanand

As we celebrate another year of growth, learning and achievement, I am filled with pride and gratitude. Our school community has once again come together to support our students in reaching the full potential.

Schooling is said to be a preparation for life. Apart from equipping the students with knowledge and skills required for a productive career ahead, they should be groomed to take over their role as responsible citizens in future. This training should start from the beginning-right from the formative years that are spent in school. Progress and peace in a nation is not an outcome of a single individual's effort or of an organisation or government only. It is the result of cumulative efforts shared by all. MGNPS Kapurthala has always been a space for exploration, innovation & collaboration. We strive for excellence in Education ensuring that every student is provided with resources, guidance & encouragement. We emphasize the importance of high academic standards introducing new technology & expanding extra curricular activities as per the requirement of NEP. We encourage the children to embrace Sports not only to keep body healthy but to also develop a spirit of perseverance. To allow for a more holistic development & prepare the children to face challenges in various aspects of life, Co-curricular activities form an integral part of school curriculum. All the children are encouraged to grab the opportunities being provided to them.

I thank our parents and guardians for their unwavering support and partnership. Your trust in us is a privilege we cherish, and we are committed to provide a nurturing and inclusive environment for our children to thrive. I would appeal to all the stakeholders to form a collaborative team to sensitize, strengthen & reinforce values and life skills. We need a generation that is able to negotiate through complex life situations and interpersonal reactions to resolve conflicts, combat abusive situations, identify emotional complexities and transact effectively in diverse activities of daily life. The well being of our children is not a policy to be formulated on a paper with all benefits beautifully enumerated but an action plan to be implemented to reap the preferred harvest---

"Education fails if it does not stir in students a sharp awareness of their obligations to society and furnish at least a few guideposts pointing towards implementation of these obligations." - Paul Hawkins

PARWINDER K. WALIA

Principal



Message by School Co-ordinator

"Learn from the mistakes of others. You cannot live long enough to make them all yourself..!!" - Eleanor Roosevelt

Greetings!

As we move forward in this academic session, I am filled with immense pride in sharing the remarkable achievements of our students and the significant initiatives undertaken at MGN Public School, Kapurthala. The past few months have been an enriching journey of academic excellence, co-curricular triumphs and holistic growth.

Our students have brought laurels to the school through their participation in various competitions. From excelling in inter-school contests to showcase their talents in debates, sports, cultural events and beyond, they have made us proud time and again. The involvement of our young learners in diverse activities not only reflects their passion and dedication but also emphasizes the well-rounded education we aim to impart.

The focus on character building, skill development and embracing our cultural values remains central to our approach. Initiatives like Shiksha Saptah, the Investiture Ceremony and various subject-specific events have helped students to explore new horizons, enhance their knowledge and develop leadership qualities.

Let us continue this journey of growth with the same enthusiasm and determination in the coming months. Together, we will keep striving to create an environment where our students can thrive and flourish.

Mr. Rajinder Singh School Co-ordinator





Message by Sr. Co-ordinator

Dear Parents, Greetings!

Ms. Harinder Kaur, Co-ordinator, **■**Senior Section, on behalf of the Management wish you hearty congratulations on your children's accomplishments, big and small. Their hard work, curiosity and resilience are the foundation of our school's success. We feel proud when our school students bring laurels to our institution. We cherish the moments when our children reap the rewards of their dedication, strenuous efforts and hard work of our staff. As has been the tradition of MGN, we make our pupils good human beings by instilling moral values in them and simultaneously making them successful in the race of life. Our proficient and dedicated staff has been doing a marvellous job for the last 30 years by continually providing responsible, successful and humane citizens to our society. Wherever one goes, it is but obvious to find Montgomerians placed at high posts and constructively contributing to the well-being of our society. We take deep pride in taking this opportunity to share the achievements of our pupils in detail with you through this Newsletter.

Best Wishes!

Ms. Harinder Kaur Senior Section Co-ordinator



"Leading with Vision: Celebrating Our Achievements"

MGNPS

Kapurthala has a legacy of earning multiple accolades for exceptional dedication to education and student development. Our esteemed Principal, Mrs.Parwinder Walia,



was honored with the most prestigious award for excellence in academics & innovative teaching practices at the 21st Edition of THE EDUCATION SUMMIT held at Le Meridian, Amritsar on 13th July 2024.

PRESENTS

CHIEF GUEST & KEYNOTE ADDRESS

SH. HARPAL SIN

"Excellence is not a destination, but a continuous journey of striving for the best."

At a Conclave organised by Singhania Education group, Chandigarh on the theme 'Leading in a digital world: Technology's role in Modern Educational Leadership, Principal, Mrs.Parwinder Walia received an illustrious award from the Honorable Finance Minister of Punjab, S.Harpal Singh.

CONGRATULATIONS ON THESE WELL-DESERVED ACHIEVEMENTS!





On the occasion of
Gandhi Jayanti, Principal
Mrs Parwinder Walia
was conferred with an
award of honour by
'Global Iconic Education
Award' to express their
gratitude for active
participation in the
educational realm.

Fleeting Look at Foundational Stage



Dear Parents and Guardians,

It has been an exciting and enriching time in our kindergarten, filled with creativity, exploration and joyful learning. Our little ones are truly thriving as they engage in various activities designed to nurture their curiosity, develop essential skills and foster a love for learning.

We believe that early childhood is a time for building strong foundation, both academically and emotionally. Through hands-on activities and playful learning experiences, our young learners are making strides in their development while having fun every day.

The recent celebrations of cultural events and classroom activities have allowed our students to embrace their roots, enhance social skills and cultivate a sense of community. It is heartwarming to see their faces lit up with enthusiasm as they participate in these activities.

I would like to extend my gratitude to all the parents for their continued support and co-operation. Together, we are committed to mould these curious learners.

Warm regards!

Pooja Kaura Co-ordinator - Kindergarten MGN Public School, Kapurthala



"The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt

At MGN Public School, Kapurthala, we believe that every child is unique, brimming with potential and dreams. Our approach for our young learners focuses on nurturing potential, providing an

environment that fosters curiosity, confidence and a lifelong love for learning.

We are committed to create a positive and supportive learning atmosphere where children are encouraged to explore and grow at their own pace. With the combined efforts of our dedicated faculty and the enthusiastic participation of our young learners, we have created a strong

foundation that equips them for future success, both academically and personally.

We understand that early education is not only about building knowledge but also about shaping character and resilience. Our goal is to ensure that each child feels valued, confident and empowered to face the challenges and opportunities that lie ahead.

As we move forward, we remain dedicated to foster a holistic development that prepares our students for the limitless possibilities of tomorrow.

Warm regards!

Hardeep Thind Co-ordinator – Classes 1 & 2 MGN Public School, Kapurthala

Let us celebrate with our distinguished scholars...

Going beyond the Stars...!!!!

We celebrate the achievements of our meritorious students by awarding them the Scholar Badges to maintain their momentum.

























Olympiad Winners





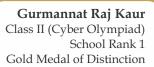
Our Ingenious Montgomerian Sanjit Arora, 1st rank holder at International Level, Zonal Level and School Topper in IMO (INTERNATIONAL MATHEMATICS OLYMPIAD) awarded with gift voucher of ₹1000.



Wizard-Kid
Kanav Goyal
received Gold Medal
of Distinction and
awarded with
gift voucher of
₹500 in IMO.



Rehansh Singh Class II (IEO) School Rank 1 Gold Medal of Excellence





Kaleidoscope of Activities (Classes I & II)

Nouvelle Activities form the integral part of curriculum in Foundation Stage There is no better time than today to encourage our gifted learners to shine...!!

Punjabi

Poetical Recitation

"Tiny tongues recite mighty words, as Grade I students take the stage to showcase their poetic prowess in the Punjabi poetical recitation competition, filling the air with the sweet sounds of language and literature!"



Hindi Poetical Recitation

"Little minds, big verses: Grade I students mesmerize with their innocent charm and impressive elocution, reciting Hindi poems with gusto and passion in the poetical recitation competition!"



Singing Competition

"Tiny voices, mighty melodies: Grade II students shine bright,

showcasing their sparkling talent and joyful enthusiasm in the singing competition, filling the air with sweet harmonies and heartfelt performances!



Patriotic Speech Competition

"Small voices, big dreams: Grade I students inspire with their innocent yet powerful words, delivering patriotic speeches that spark pride, passion, and a love for nation-building, showcasing the leaders of tomorrow!"





Punjabi Speech Competition

Grade II students passionately deliver Punjabi speeches, their bright minds and bold voices shining bright, as they share stories, poems, and dreams in their mother tongue!"



Talent Hunt

"Unleashing tiny titans of talent, Grade I and II students dazzle with their diverse skills, from singing and dancing to storytelling and artistry, showcasing their unique sparkles and budding brilliance in the talent hunt extravaganza!"



Yoga Day

with joy, Grade I students <u>celebrate</u> Yoga Day with grace and giggles, with 'om shanti' as they stretch, body and mind!"



Mother's Day

"Little hands, big hearts: Grade I and II students shower love and gratitude upon their mothers, crafting tender moments, handmade gifts, and heartfelt performances to celebrate the selfless love and unwavering support of their precious moms!



sacrifice, and the triumph of Indian



Grade I and II students kick, punch, and pose their way to confidence, discipline, and focus, mastering the art of selfcontrol and inner strength through the dynamic discipline of martial arts!



Father's Day

"Little superstars shine bright, celebrating their superhero dads with love, laughter, and handmade surprises, Grade I and II students honor their fathers' guiding light and unwavering support on this special day!"

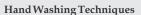


Heritage Walk

fascinating heritage walk to Sainik School, Kapurthala. Grade I and II students discover the rich history, majestic architecture, and inspiring tales of bravery, soaking up the legacy and spirit of the

World Environment Day

"Green thumbs and bright minds, Grade II students celebrate World Environment Day with ecofriendly enthusiasm, planting trees, crafting recyclable art, and pledging to protect the planet's precious resources for a sustainable



"Soap, scrub, and sparkle: Grade II students learn and practice proper hand washing techniques, making sudsy science and germ-busting fun, as they develop healthy habits and shining smiles!"

Eduventure

"Curious minds and adventurous spirits, Grade I and II students embark on an eduventure extravaganza, exploring, discovering, and learning through interactive games, hands-on activities, and thrilling experiences that blur the lines between education and fun!"





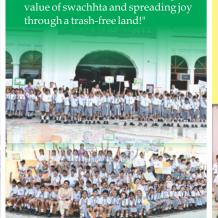






Origami and Art Work:

"Grade 1 and 2 students' creativity takes shape, folding paper into origami wonders and bringing colorful artwork to life with every delicate stroke!"



"Grade 1 and 2 students join hands to make a cleaner stand, learning the

Swachh Bharat:

Teachers' Day:

"Tiny hands, big gratitude: Grade 1 and 2 students shower love and appreciation on their teachers, making them feel special on Teachers' Day!"



"Grade 1 and 2 students visited the entire school campus.





Excursions

Post Office: "Little explorers, uncovering the magic of communication at the post office excursion!"





Supermarket: "Grade 1 and 2 students shop for wonder, exploring aisles of awe, and filling carts with curiosity at the 'MORE' supermarket adventure!"





Outdoor Games: "Grade 1 and 2 students run, jump, and play their way to joy, making unforgettable memories and friends on the sunny fields of outdoor games!"





Little Hands can do big things...... We love what we do......



Colors Week: At MGN Public School, the spirit of diversity and creativity was celebrated with a week-long event called the "Celebration of Colors Week" by the kindergarteners. This vibrant extravaganza is marked by each day dedicated to a specific color, fostering a sense of unity, creativity and fun among students.









Paper Bag Day: Students of Kindergarten crafted lovely paper

bags from old newspapers using their fine motor skills and hand eye coordination. They learnt how simple materials can be reused effectively. They understood the importance of using paper bags instead of plastic ones.









Kindergarten Green Grocery Market: Our Kindergarten students participated in a delightful Green Grocery activity. Some children played the role of vendors while others were customers, exploring the basics of buying and selling. This hand- on experience taught them about the usage of money, the importance of fruits and vegetables and social interaction, all while having fun.



Splash Pool Party: This event was filled with laughter, joy and a whole lot of splashes. Dressed in colorful swimwear, our young ones had an unforgettable time playing water games. The smiles on their faces truly lit up the day. We are thrilled to provide such experiences that help in the holistic development of our children.



Lemonade Party: This activity gave the tiny tots hands-on experience of making a glass of lemonade and they relished every sip of it. Students were taught about the benefits of using lemon during summers and to inculcate healthy eating habits from this tender age.











Pyjama Party: Nursery kids enjoyed a fun-filled pyjama party in their cozy nightwear and mismatched socks. They watched a movie, munched on popcorn and danced the night away.

Days & Celebrations_

Kargil Vijay Diwas: Our kindergarten students celebrated this day with a special dress- up day. They proudly wore army uniforms, showcasing their patriotic spirit. It was a tiny step to the huge sacrifice made by our brave soliders.















World Art Day: The theme for World Art Day 2024," A Garden of Expression: Cultivating Community through Art", invites us to explore how art brings communities together, nurturing a shared sense of identity and mutual understanding.



Friendship Day: Friendship Day is a special day to celebrate the friends who make us happy! To develop their cultural and aesthetic skills, tiny tots of kindergarten made beautiful cards and friendship bands. They also enjoyed games with their friends.















National Kindergarten Day: Our school celebrated Kindergarten day, which is observed on 21st of April every year. This colorful event was led by our worthy Principal, School Coordinator and kindergarten Coordinator. The highlight was the cutting of a beautifully decorated cake symbolizing the innocence of childhood. The celebration embodied our commitment to nurturing and inclusive education.

National Sports Day: Kindergarten students had a blast celebrating National Sports Day with fun and engaging games! Their laughter and energy lit up the day, making a memorable celebration of fitness and teamwork. Here's to fostering a love for sports from an early age!







International Yoga Day: "Yoga is not about exercise but to discover the sense of oneness with yourself, the world and the nature." Keeping this in view International Yoga Day was celebrated by the kindergarten students. The day aimed to highlight the profound benefits of yoga for physical, mental and spiritual well-being.







Earth Day: Coloring the Earth with green and blue can be fun and educational activity for kids that can help them to develop a variety of skills, including knowledge about geography and color sorting. Children can learn how to sort blue and green to create the land and sea.









Baisakhi Celebration: Festivals bring joy and happiness. Baisakhi is an important harvest festival of Punjab that has religion value as well. The motive behind the celebrations was to apprise the children of their rich culture and heritage.











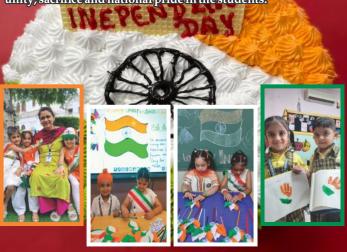


Teej Celebration: Our Kindergarten stars had a blast celebrating Teej, donning vibrant Punjabi traditional attire and bringing the spirit of Punjab to life. We proudly nurture a deep connection with our roots, and it's heartening to see our young ones embracing their culture with such enthusiasm.





Independence Day Celebration: Kindergarten students added charm by dressing in tricolor outfits and participating in flag-making activity. The celebrations instilled values of unity, sacrifice and national pride in the students.



Mother's Day: The kindergarten section celebrated Mother's day with a special event. The program began with a Shabad recitation and featured a cultural show highlighting the importance of mothers, a group song and interactive games. A student's heartfelt speech and performances of Hindi and English rhymes along with dances added to the festivities







Janmashtami Celebration: The kindergarten students brought the spirit of the day alive by dressing up as little Radhas and Krishnas, radiating joy and innocence. We believe in nurturing young minds to appreciate and celebrate traditions with a blend of logic and knowledge.





Grandparents Day: Grandparents Day celebration in Pre-Primary wing was done with full enthusiasm. The basic aim of celebrating Grandparents Day is to value their presence in our lives and help the children become more affectionate and loving towards their grandparents.











Our Incredible Preparatory & Middle Stage

"Education is the kindling of a flame, not the filling of a vessel." - Socrates



Nurturing the Future: A Glimpse into Our Preparatory Wing

At MGN Public School Kapurthala, our preparatory wing stands as the bedrock of a child's educational journey. It is here that young minds are moulded, foundational skills are honed and the love for learning is cultivated. As the Preparatory Wing

Coordinator, I take immense pride in sharing the vibrant and dynamic environment we have fostered for our students.

Education at MGN Public School Kapurthala transcends traditional boundaries. Our holistic approach ensures that every child's intellectual, emotional, social and physical development is catered to. Our curriculum is meticulously designed to balance academics with co-curricular activities, promoting well-rounded growth. Our classrooms are a blend of modern technology and traditional learning methods. Interactive smart boards, multimedia resources and hands-on activities make learning an engaging and

enjoyable experience. Teachers employ innovative teaching strategies to cater diverse learning styles, ensuring that every child grasps concepts effectively.

We take immense pride in celebrating the achievements of our students. Every accomplishment such as academic excellence, sports competition and artistic talents is acknowledged and encouraged.

In conclusion, the preparatory wing of MGN Public School Kapurthala is not just a place of learning; it is a nurturing ground where young minds are prepared to face the future with confidence and optimism. We are proud of the vibrant community we have built and look forward to many more years of nurturing the leaders of tomorrow.

Warm regards!

Seema Chadha Co-ordinator (III – V) MGN Public School, Kapurthala

"Education is the foundation upon which we build our future." - Christine Gregoire



Dear Students and Parents

As we approach the halfway mark of the academic year, I am filled with pride and joy as I reflect on the remarkable journey we have undertaken together. Our students have demonstrated commendable enthusiasm, resilience and dedication in academics, sports, cultural

activities and beyond. It is heartening to see their growth not only as learners but also as responsible and compassionate individuals.

The first half of the year has been a testament to our collective efforts in nurturing a well-rounded educational experience. Our teachers have worked tirelessly to create an engaging and supportive learning environment, ensuring that each child feels valued and encouraged. I am particularly proud of the diverse range of activities and initiatives we have introduced, which have provided our students with opportunities to explore their interests and talents.

As we move forward, I encourage all our students to continue striving for excellence, embracing challenges with a positive mindset and supporting each other along the way. Let us remember that education is not just about acquiring knowledge but also about developing values, skills and attitudes that will prepare us for the future.

I extend my heartfelt gratitude to the parents for their unwavering support and to the entire school staff for their dedication and hard work. Together, let us continue to inspire and empower our young learners to reach new heights.

Warm regards!

Monita Opal Co-ordinator (VI - VIII) MGN Public School, Kapurthala

🔰 Hard Work Meets High Expectations ..!! 🍃

Meet our High Achievers Classes III to VIII



Abhayjit Singh III-A



Agamjot Singh III-A



Arjit Sethi III-A



Ashneet Kaur III-A



Devansh Anand III-A



Gurwaris Singh III-A



Pranav Saggar III-A



Aairah Walia III-B



Aamaira Sharma III-B



Angad Singh III-B



Anvi Sharma III-B



Kavya III-B



Mukund Sharma III-B



Nithya III-B



Palak III-B



Parinaz Kaur III-B



Prikshit Kataria III-B



Shabad Preet Singh III-B



Vidhita Verma III-B



Anika III-C



Darsh Tiwari III-C



Myra Sharma III-C



Ojasvi Bhalla III-C



Reet III-C



Tejasnoor Singh Dhinjan III-C



Aarvi Aggarwal IV-A



Aditya Anand IV-A



Anav IV-A



Gavin Singh Jagdev IV-A



Japmeet Singh IV-A



Krishiv Kaura IV-A



Nishtha Goyal IV-A



Riyansh Maini IV-A



Saksham Puri IV-A



Sehazpreet Kaur IV-A



Vani Anand IV-A



Vivan IV-A



Gurasees Singh IV-B



Jap Ji Singh IV-B



Keerat Kaur Sidhu IV-B



Prisha Sharma IV-B



Sehaj Kumar IV-B



Sukhmeet Kaur IV-B



Vrishti Gupta IV-B



Dhairya Anand IV-C



Jasraj Singh IV-C



Aashima V-A



Anantpreet Kaur V-A



Arjun Sharma V-A



Aamna V-B



Aarya Abrol V-B



Ayushman V-B



Harjas Singh Sabherwal V-B



Keshvi Malhotra V-B



Manavdeep Singh V-B



Aradhya Walia V-C



Kunsh Arora V-C



Manraj Singh V-C



Saanvi Walia V-C



Sidak Laroiya V-C



Sukhmandeep Singh V-C



Ekamjit Kaur VI



Prayati Gaur VI



Hiyasha VI



Triptveer Singh VI



Arshiya Passi VII



Yajat Anand VII



Manjot Kaur VII



Charuvrat Bains VIII



Amritpal Singh VIII



Aditya Kapoor VIII

Recognizing Academic Excellence : Scholar Badge Recipients

A Beacon of Inspiration for Young Minds











































Olympiad Success Staries Unleashing the Power of Brilliance

"The Expert in anything was once a beginner." Helen Hayes







Reet Class III IGKO



Aamaira Sharma Class III NSO



Anika Class III IMO



Medhavini Sangar Class IV SSO, IEO, NSO



Vrishti Gupta Class IV IMO



Kunsh Arora Class V IMO, IEO, NSO



Aamna Class V **IGKO**



Triptveer Singh Class VI NSO



Ekamjit Kaur Class VI IEO



Prayati Gaur Class VI IMO



Ridhima Garg Class VII **ISSO**



Sehajpreet Kaur Class VII NSO



Vartika Manral Class VII IMO, IEO

17



Charuvrat Bains Class VIII NSO

Mega Olympia Combat Winners 2023-24



Aamaira Sharma Class III English



Jap Ji Singh Class IV English



Sehazpreet Kaur Class IV English





Aradhya Class V Science



Ekamjit Kaur Class VI English



Aradhya Class VII English



Charuvrat Bains Class VIII Mathematics State Champion

Amazing Feats

"A dream becomes a goal when action is taken towards its achievement" - Bo Bennett



Arshiya Passi, a brilliant student of class VII won scholarship of ₹6000 in Deen Dayal Sparsh Yojna 2023 organised by Indian Postal Department.



In the National Heritage Quiz Sponsored by INTACH which was organized at MGN Public School Kapurthala on 5th October 2024, our team won first position comprising of Puneet Kaur of class X and Charuvrat Bains of Class IX.





Sai Ananta, a Class 9 student has emerged as a National Winner in the prestigious "My Monument Search Competition" organized by the Indian National Trust for Art and Cultural Heritage (INTACH). This remarkable achievement comes from a pool of around 12,000 entries nationwide.





Tanisha, a talented student from class 11th, Non-Medical clinched 1st position in the Fancy Dress Competition and secured 2nd position in the Dancing Competition in Talent Synergy Event an open competition organized by Hindu Kanya College Kapurthala, in collaboration with 'Dance Sports Federation India'.





Our students Harshit Vasudeva of Class XII & Hasita Kaura of Class XI brought laurels by begging 1st position out of 1000 brilliant students from 120 schools in the All India GK Quiz organized by Union Bank of India at Lovely Professional University, Phagwara and got selected for Zonal Level Competition. They secured 3rd prize at Zonal level held in Chandigarh.

Co-Curricular Clan_

The more you praise and celebrate your life, the more there is in life to celebrate.....





On the occasion of Dr. B. R. Ambedkar's birthday, a Special Assembly was conducted to celebrate the spirit of equality and justice.







Honouring Our Roots: A Grand Celebration of Foundation Day 2024





Earth Day & Environment Day were celebrated to make the children understand the importance of sustainabl<u>e</u> development.

With the aim of promoting reading habits among students and inculcating love for literature, a Book

Fair was organised by SHREE BOOK FAIR on 11th October 2024 that showcased a diverse range of books catering to all age groups and interests.







World Malaria Day: Fighting for a Healthier, Malaria Free Future.



Environment Day: Protecting our planet for sustainable future

An eye check-up camp was organized from 8th October to 10th October in the school in association with Old Montgomerian Society. Experienced Opticians from Bhatia Hospital, Kapurthala visited the campus and examined the eye-health of the children.

Remembering the

struggle, celebrating





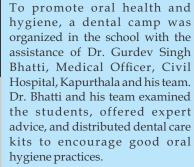
Yoga, a transformative practice, represents the harmony of mind and body, the balance between thought and action and the unity of restraint and fulfillment COOK PARTY

ONTGOMERY GURU NANAK PUBLIC SCHOOL



Honouring the Architects of Knowledge: The special day dedicated to the teachers







Competitions : Beyond the Basics



An incredible display of talent at the Inter-house Mime Competition



Ad Mad Show: Where imagination meets innovation



Child Welfare Organization at Virsa Vihar, KAPURTHALA, our young artist Ojasvi Bhalla secured second position in Green Group whereas Mannat Gupta & Reet stood second and third respectively in White Group.



A poster making competition was conducted under SVEEP



Petals of Perfection: Stars of Flower Arrangement Competition



Verses and Vibrancies: Winners of Punjabi Poetical Recitation Competition



Raising Voices, Sharing Ideas: Champions of Punjabi Speech Competition



Rhythms of Punjabi Poetry Fiesta

Enhancing the Social Onus

"We make a living by what we get, but we make a life by what we give."







Jal Doot Program under the Jal Shakti Abhiyan on the crucial issue of water conservation.



Visit to a slum area





activities were designed to educate, sitize and empower students about the Institze and empower students about the ance of cleanliness under Swachhata Abhiyan

Shouldering Social Responsibility

To instill the valuable life skills and values of Empathy, Compassion, Gratitude and Social responsibility, we encourage our school children to donate voluntarily for the marginalised and downtrodden children of the society. This year donation of INR 1,21,480/- was done to the Smile Foundation, a non-profit organization that works for the underprivileged section of the society.



Workshops and Seminars

"Learn, Unlearn, Relearn: Enhancing Teaching Excellence through CBSE Workshops.



CBSE Capacity Building Programme workshop on Learning Outcomes and Pedagogies empowering educators to enhance teaching excellence. Esteemed resource persons, Ms. Davinder Kaur (Vice Principal, Swami Sant Das Public School, Phagwara) and Ms. Neera Sharma (Retired Principal,

DAV Public School, Amritsar) sharing their expertise and insights.



Ms. Bhavdeep Kohli, Founder of Kohli Finishing School, Moga imparted the knowledge about "Enhancing Competencies Among Students"





Let's Have a Glance at the Secondary Stage

Spotlight on Excellence. Celebrating Our High Achievers Class X (2023-24)



Khushveen Kaur 97%



Priyanka Parashar



Kiratkamal Kaur 95.8%



Nidhi Pandey 95.4%

Meet Our High Achievers - Non-Medical Stream Class XII (2023-24)



Bhoomi Mahna



Pahulpreet Singh 96.2%



Jatin Madaan



Amrinder Singh



Amardeep Singh



Harshleen Kaur 89.8%



Trail Blazers of Humanities



Sargodhia 96.4%



Sehajleen Kaur Sukhmanpreet Kaur 96.4%



Jaanvi Ghai



Karan Singh



Iahnavi 96.4%



Sehajdeep Kaur





Amrinder Singh NEET Percentile - 98.54 GMC, Amritsar



Bhoomi Mahna **IEE Mains** Percentile - 97.9



Pahulpreet Singh JEE Mains Percentile - 94.6



You're half way there ..!! All the Best ...!!

Achievements Unlocked: Honoring Our Top Performers

STUDENTS SCORING HIGHEST MARKS SUBJECT WISE: CLASS X



Priyanka Parashar Punjabi 99, Science 96



Khushveen Kaur Maths 100, Social Science 100



Nidhi Pandey Maths 100



Sidakleen Kaur Sargodhia English 94, IT 97



Samiksha Sharma Hindi 97



Prachi Arora IT 97



Kartik Sharma IT 97

SUBJECT WISE TOPPERS: CLASS XII



Bhoomi Mahna English 98 Physical Education 99 Mathematics 99 Chemistry 99



Pahulpreet Singh Mathematics 99 Physics 96 IP 99



Amrinder Singh Biology 95 Chemistry 99



Sehajleen Kaur Sargodhia Painting 100



Sukhmanpreet Kaur Painting 100



Jaanvi Ghai Music 100



Karan Singh History 98 Political Science 99 Painting 100



Sehajdeep Kaur IT 100 English 98 Geography 94



Jahnavi Sociology 95



Anmol Mehta Economics 97 Music 100



Yuvraj Singh Accountancy 98



Tanisha Music 100



Harneet Kaur Economics 97



Jashanpreet Kaur Business Studies 98



Saloni Painting 100



Parmeet Singh Painting 100



Prachi Painting 100



Srishti Sabharwal Painting 100



Siya Dance 96



Vanshita Dhir Dance 96



Sargunjot Kaur Painting 100



Jasmine Kaur Music 100



Sukhdeep Singh Painting 100



Sukhraj Kaur Painting 100

FELICITATION OF HIGH ACHIEVERS

"In the words of James Howell, "Performance proves the prowess thousands times more persuasively than words do." These words virtually found their true expression in the immaculate academic performance of our **Acme Achievers**.







High Achievers Class IX: Crowning the Best..!!



Anvi



Harleen Kaur



Vikramjeet Singh



High Achievers Class XI: Saga of Success Continues...!!!

Amandeep Kaur



Anaya Gupta



Harshit Vasudeva



Suhani



COMMERCE

Prabhroop Kaur



Harshita Handa

MEDICAL



Ishmeet Kaur



Damandeep Kaur



Jasnoor Kaur



Krishika



Tanisha



Vansh Sharma

"One thing that is common to the inspiring stories of real life heroes is their willingness to walk an extra mile.

They slog when others sleep, pushing to their limits and beyond.."

WE ARE THE ONES THAT STARTED THE VOYAGE AND ARE STILL EXPLORING.....
ASPIRING OLYMPIAD WINNERS 2023-24



Sehajleen Kaur Sargodhia International Commerce Olympiad Gold Medal of Excellence School Rank 1



Khushveen Kaur International Mathematics Olympiad Gold Medal of Excellence School Rank 1



Jivesh Rattna
International English
Olympiad
Gold Medal of Excellence
School Rank 1



Akshaj Bhardwaj International Mathematics Olympiad Gold Medal of Excellence School Rank 1



Puneet KaurNational Science Olympia
Gold Medal of Excellence
School Rank 1

Mega Olympia Combat





Hasita Kaura Class X Mathematics



Ishmeet Kaur Class XI PCB (Medical)



Japreet Kaur Class IX English



Vansh Sharma Class XI PCM (Non Medical)

Investiture Ceremony

"Being a council member is not just an honour,
it is a commitment to lead with integrity,
to serve with purpose and to uplift those who look to you for guidance."

PASSING THE TORCH: LEADERS OF TOMORROW

Head Boy - Anhad Roop Kunwar Singh Head Girl - Tanisha

Deputy Head Boys - Anmol Deep Singh, Rohanpreet Singh Deputy Head Girls - Khushmeet Kaur, Priyanka Parashar

Our New Office Bearers of Session 2024-25













MEMBERS OF STUDENT'S COUNCIL - SESSION 2024-25				
Houses	Sz. Ajit Singh	Sz. Jujhar Singh	Sz. Zorawar Singh	Sz. Fateh Singh
House Master/ Mistress	Ms. Rohini Kapoor	Ms. Ramandeep Kaur	Mr. Vijay Verma	Ms. Sheena Goyal
Deputy House Mistress	Ms. Navdeep Kaur	Ms. Indu Singha	Ms. Rita Walia	Ms. Neelam Rani
House Captain	Srishti Puri (XII G)	Mannat (XII F)	Damandeep Kaur (XII B)	Ridam Goyal (XII A)
House Vice-Captain	Amanjot Singh (XI A)	Harleen Kaur (XI B)	Kushagar Sharma (XI B)	Hasita Kaura (XI B)
Sports Captain	Palak (XII G)	Vansh Sharma (XII A)	Jivant Verma (XII A)	Harleen Kaur (XII E)
Sports Vice-Captain	Puneet Kaur (XI D)	Shabad Savroop Singh (XI G)	Hasratpreet Singh (XI G)	Surpreet Singh (XI A)
House Prefects	1. Manraj Singh (X A) 2. Kriti Joshi (X C) 3. Tejasbir Singh (IX B) 4. Arushi Arora (IX B) 5. Anvi (VIII A) 6. Yajat Anand (VIII B)	1. Japreet Kaur (X D) 2. Gurnoor Singh (X D) 3. Saanvi Kalia (IX C) 4. Charuvrat Bains (IX B) 5. Sparsh Kashyap (VIII C) 6. Manjot Kaur (VIII C)	1. Agampreet Kaur (X C) 2. Akshaj Bhardwaj (X A) 3. Somansh Gupta (IX A) 4. Sukhmandeep Kaur (IX C) 5. Tanush Kaura (VIII B) 6. Jiya (VIII C)	1. Shaurya Abrol (X C) 2. Puneet Kaur (X D) 3. Jasmine Kaur Sidhu (IX A) 4. Samarth Grover (IX B) 5. Arsh Rana (VIII A) 6. Arshiya Passi (VIII A)

Scholar Badge Ceremony

"History is theirs whose language is the Sun." Believing fervently in this adage MGN Public School Kapurthala proudly celebrated the achievements of its meritorious students in the

Scholar Badge Ceremony for the session 2023-24. Students were honored with scholar badges and certificates, recognizing their academic excellence and encouraging them to maintain their momentum.























Special Achievements in Sahodayas Peerless Skill in Various Arenas



Sukhraj Singh of Class 10th secured first position in Poster Making Competition at Sri Guru Harkrishan Public Sen. Sec. School, Sultanpur Lodhi.



Secured third position
Patriotic Group Song Competition
at Guru Amardas Public School,
Kaputhala



Secured third position Group MIME Competition held at Bawa Lalwani Public School



Tanisha from class 12th clinched the 3rd position in English Debate Competition at Akal Galaxy Convent School, Sultanpur Lodhi



Kheda Vatan Punjab Diyan - Kick Boxing-our students brought laurels by winning Gold, Silver & Bronze medals. Dhruv Shripad of class VI has been selected for State Level Kick-Boxing (U-14 category)



Where tireless striving stretches its arms towards perfection....



The 68th Punjab School Games 2024. Our students got selected for State Level Competition in U-14 & U-17 category in Boxing.



In District Karate Championship in Boys U-14 category we got One Gold Medal and 03 Silver Medals and in U-17 Boys category we got One Gold, one Silver and one Bronze Medal. Students have qualified for State Level.



Kheda Vatan Punjab Diyan -2024 Wushu- our students were selected for State Championship (U - 14 & u-17 category)



In Punjab Distt.Khed Mela Athletics, our students bagged Gold, Silver & Bronze medals and qualified for State Level.



1st Punjab State GOJU-RYU Karate Championship 2024 held at City Hall, Model Town Kapurthala. Various students from class UKG to class X participated and won several Gold, Silver and Bronze medals. They are selected for upcoming International Karate Championship to be held in Dubai.





Outstanding performance of our young martial artists at 18th National Karate Championship 2024 held at City Hall, Model Town, Kapurthala.

"Success is not an accident, success is actually a choice." Stephen Curry

Zonal Level Sports Competitions 2024 Our school students participated and emerged as a dominant force, securing the FIRST POSITION in several sports categories and qualified for the district w level in numerous events.

Our Achievements:*

- 1. Basketball (Under 19 Boys)
- Football (Under 17 & 19 Boys)
- Kho Kho (Under 19 boys).
- Kho kho (Under 14 and 19 Girls)

- 5. Badminton (Under 17 and 19 boys)
- 6. Table Tennis (Under 14 and 17 Boys)
- 7. Chess (Under 17 Boys)
- 8. Karate (Under 14 and 17 Boys).
- Kickboxing (Under 14 and 17 Boys)
- 10. Kickboxing (Under 14 Girls)11. Boxing (Under 14 Boys)
- Boxing (Under 19 Boys)
- Wushu (Under-14 & 17 Boys)
- 14. Taekwondo (Under-14 Boys)

At District Level our Basketball U-19 Boys, Badminton U-17 & 19 Boys and Table Tennis U-14 &17 Boys got Gold Medal and Kho Kho Team & Football U-17 Boys got Silver Medal. Football U-19 Boys got Bronze Medal. In District Karate Championship in Boys U-14 category we got One Gold Medal and 03 Silver Medals and in U-17 Boys category we got One Gold, one Silver and one Bronze Medal. Students have qualified for State Level.



Gold Medal in Basketball Tournament at Distt. Level (Qualified for State Level)



Basketball Winners at Distt. Level



Won Silver Medal in Basketball Tournament at Distt. Level



Badminton Boys U-17 &19 Tournaments and qualified for State Level.



District winners in Table Tennis U-14 & 17 And qualified for state level



Gold Medal in Badminton at Distt. Level (Qualified for State Level)



Kho-Kho U-19 Girls Won Silver Medal at district level



Got Gold Medal in Punjab Board District Table Tennis Championship



Won Bronze Medal in U-19 Football Tournament at Distt. Level



Winners of Punjab Board Distt. Tournament



Won Silver Medal in U-17 Football Tournament at Distt. Level



Deepkanwar Singh Dhillon of Class XII won Silver Medal in Volleyball at Distt. Level











our students received Gold & Silver Medals in Karate and Kick Boxing by standing in Kapurthala District.



Courage, Commitment and Character

The NCC (National Cadet Corps) Way

To develop Character, Comradeship, Discipline, Secular Outlook and Spirit of Adventure amongst the youth, we have a NCC Team comprising of 53 Cadets in Senior Division/Wing and 50 in Junior Division/Wing. In the service of the nation, we find our purpose...





ILL MOUNTREMUNG CAN



International Yoga Day

All India Trekking Camp in the lap of nature at Dwarahat, Uttrakhand







Combined Annual Training Camp-37 at IKG (PTU) Kapurthala

Kargil Vijay Diwas- Wreath Laying Ceremony at War Memorial near Station Head Quarter Kapurthala







Tiranga Rally from M.G.N. Public School to N.J.S.A. Government College









National Space Day- Cadets watching the historic landing of Chanderyan



Cadet Akshaj Bhardwaj, Commandant of Palton received memento from D.C. Kapurthala



Puneet Kaur was awarded as Best Cadet in Junior Wing during CATC-37



Sehajpreet Singh was awarded as Best Cadet in Junior Division during CATC-37



"The man who graduates today and stops learning tomorrow is uneducated the day after" - Newton D. Baker

In order to meet the changing demands of the present education scenario, various workshops and seminars are organized from time to time.

Three-Day
Career
Counselling
Session
Illuminates
Pathways for
Class 12 Students











Our talented students from classes 6 to 8 had the exciting opportunity to participate in a workshop conducted by INTACH at Spring Dale Senior School, Amritsar.

Seminar for development of Moral Values by the motivational speaker Mr. Rajpal Singh and Guest of Honour Madam Harpreet Kaur (Member of SOS -Save our Soul society).











Insights For Healthier Life: Our amazing girls from Classes 6th and 7th dive into an essential topic: Menstrual Hygiene led by the esteemed Dr. Jashanbir Kaur Aulakh.



"See any detour as an opportunity to experience new things." Jackson Brown

In order to reinforce experiential and field learning, various visits and excursions are organized by the school.





Exciting Culinary Adventure: Class XII Home Science students had a delightful and educational experience at Domino's Kapurthala.



A fascinating journey to the heart of ITC Kapurthala: Witnessing the entire biscuit-making process firsthand, from making dough to packing, was an eye-opening experience.



Educational Visit to STAR Hospital by Class XI Medical students and those studying Food Nutrition and Dietetics: A Deep Dive into Bariatric Surgery and Nutrition











A Hands-On Learning Experience for Class XII Home Science students at Hotel Ramada, Kapurthala.







Practical exposure for psychology students: Students collected a case study where they got to know the patients' life experiences, behavioral patterns and cognitive functioning.



Chokhi Dhani, Panchkula



Trekking



Alumni Spotlight: Achievements and Homecoming

"Success is not just measured by where you go, but by how you inspire others along the way"





"The journey of a thousand miles begins with a single step."

We congratulate our prodigy Gaurav Uppal-Ex Montgomerian (Batch 2014-15) who cleared the highly competitive UPSC exam with prestigious 174 rank and was selected for Indian Police Services (IPS Batch 2023)

Rendezvous with our Erudite IPS Officer

1) You have brought laurels to the school. To whom do you attribute your grand success?

I have achieved everything with the grace of God, support of my parents, my wife, my teachers from MGN Public School and all the well wishes of my dear friends.

2) How much credit do you give to your planned hard work and to your luck?

Luck is never a substitute for the hard work. One has to do the required hardwork, strategise well for the luck to operate in your favour. There is a saying by Thomas Jefferson, "I'm a great believer in luck, and I find the harder I work, the more I have of

3) There must have been something or the other tempting you to walk away from your books. How did you succeed in avoiding temptations?

I think when something is your passion and you start enjoying doing something, one never feels burdened or tempted with other things. But, there can be burnouts. So, my definition of discipline was to inculcate hobbies as well as planning quarterly outings/get-togethers with friends to rejuvenate and then again get back to studies

4) Who inspired you to scale such phenomenal Heights?

I always wanted to achieve something that gives me the opportunity to serve the society. That's when I stumbled on civil services. I was inspired by the positive changes one can make in society as a civil servant.

5) How in your opinion should one prepare for this exam?

After one has got the conviction to start the preparation, the initial steps that one can follow (from my own personal

Start reading a Newspaper (A daily national) in a disciplined manner daily. Simultaneously start analysing the UPSC syllabus - the keywords, themes. Download PYQs (especially Mains) and analyse the type of questions asked by UPSC Pick NCERTs selectively of core subjects



Mr. Manpreet Singh Bhatia, (Ex.Montgomerian) Optician, Bhatia Hospital visited the school campus and provided expert vision screening for our students.

Neha Nayyar, 2000 Commerce Batch, the founder of Sum and Substance and Future Proof Accountants, visited her alma mater MGNPS Kapurthala in April 2024 and addressed the students. Her commitment to providing education to business owners and fellow accountants reflects her dedication to empowering others through knowledge. Her love and passion for numbers, accounting, software, and teaching were palpable during her interaction with the students. She has done CPA from Australia, along with her pursuit of a Masters in AI, serve as an inspiration to our students, showcasing the importance of lifelong learning.



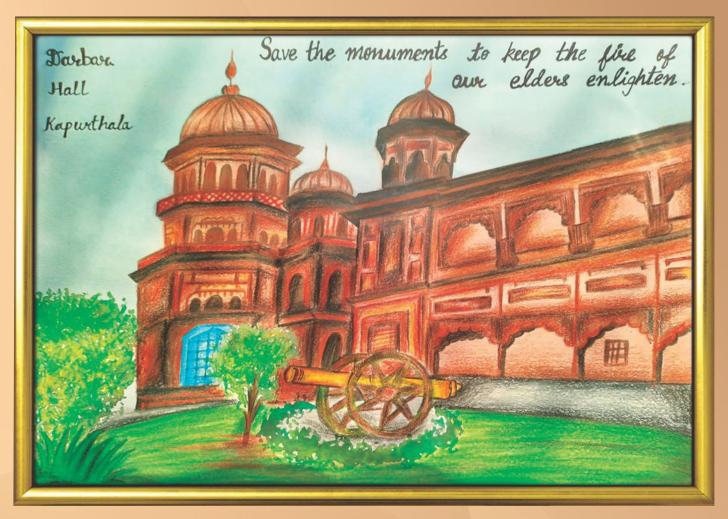


Sukhwinder Singh, Ex. Montgomerian is serving as Tech. Lead-CAE, GENERAL MOTORS, USA & bringing fame for his alma mater, parents & nation at large. He is an alumnus of IIT Kharagpur and pursued his P.hd from USA.Sukhwinder visited the school, conducted a career counseling session for the children and cherished the memories of MGN Public School.

YOU ALL ARE A VALUABLE ASSET TO US!

PERFECTION ON THE CANVAS OF IMAGINATION

THE MASTER STROKE



Our talented artist **Sai Ananta** participated in

My Monuments Search

organised by INTACH India.

Lakhs of children from all over
India participated. 15 best paintings
were selected for the National Level
and from Punjab, only one masterpiece
was chosen that belongs to gifted

National Winner Sai Ananta.

